



FIRELESS COOKING COMPETITION CLASS - V

Thursday, 20th August 2026

SWS/ACD/2026-27/84

Dear Parent

Greetings from Smart Wonders School!

We are excited to host a Fireless Cooking Competition for Class V students to encourage healthy eating habits and creativity—without using fire or heat!

Event Details

- **Date:** Saturday, August 22, 2026
- **Time:** 1 hour
- **Theme:** Healthy & Nutritious Snacks

Required Materials & Preparation

Students are requested to bring the necessary ingredients required for their dishes and basic tools from home. Please ensure all items are packed safely in labelled containers.

- **Ingredients:** Pre-washed fruits/vegetables/bread/sprouts/boiled corn/butter/spreads/nuts
- **Tools & Gear:** Plastic or butter knife, mixing bowl, spoon, table napkin, and an apron.
- **Safety Rule:** Strictly no sharp metal knives or electrical heating appliances.

Guidelines for Participation

- Dishes must be prepared entirely at school during the allocated time slot.
- Students will be judged on creativity, hygiene, presentation, and nutritional value.

We look forward to seeing our young chefs showcase their culinary talent!

Warm Regards

**Ruchika Sharma
Principal**