

INTERNATIONAL YOGA DAY

Saturday, 6th June 2026

SWS/ACD/2026-27/43

Dear Parent

Greetings from Smart Wonders!

As we celebrate **International Yoga Day**, on **Sunday, 21st June 2026** we invite all our students and parents to join this global movement towards health, wellness, and mindfulness.

We would be delighted to see our students and their family members embracing a healthy lifestyle through yoga. Kindly capture a few photographs of your yoga session and share them with the school on the **official school no. (7710770097)**.

Guidelines:

- Students may perform yoga individually or along with their family members.
- Ensure that the photographs are clear and appropriate.
- Share the photographs on the official school number by **Tuesday, 23rd June 2026**.
- Please mention the student's name, class, and section while sharing the photographs.

Let us come together to celebrate the spirit of yoga and inspire our children to adopt healthy habits for life.

“Yoga is the journey of the self, through the self, to the self.”

Warm Regards



Ruchika Sharma
Principal

