

Smart Wonders School



Wednesday ,27th September 2023

SWS/ ACD/2023-24/54



Dear Parents,

Greetings from Smart Wonders!

Healthy eating is the one of the primary aspects of a healthy life. Recognizing the significance of promoting healthy eating habits among the students, a **sandwich making activity** has been planned for them on Friday, 29th September 2023.

From Savory to sweet, these sandwiches will add excitement to students' lunchtime. Kindly note the following points:

- Students can bring whole wheat/ multigrain bread slices, chopped vegetables, dressings as per their choice, a small plate and a napkin.
- Students are not allowed to bring knives.

Looking forward to a hearty display of creative ideas.

Warm Regards

Poonamjit Kaur
Principal