

Friday, 27th May 2022

SWS/ACD/2022-23/16



Dear Parent & students

Greetings from Smart Wonders!

It's summertime when faces light up with joy and excitement!

As you all proceed for your summer vacations, It's time for the children to play and enjoy free, unbound, high-spirited but safe at home.

Summer break is a holiday time, students eagerly await. So, now is the time to unlock individual creativity making the most while at home. So, nurture a herb, a house plant or a flower, bake a cake, sing-along, paint and draw and compose your own song or take up your hobby as the school announces the summer vacation.

To ensure that the children have a constructive holiday, some holidays' homework & projects have been given which will keep the child active and observant. These projects can easily be done by the children and you could assist only where required. You can download the Holidays' Homework from the school pad for your convenience. Although we have already provided a hard copy of the same to your ward.

"As there are cases of dengue fever spreading across the country we would appreciate students and parents to be cautious and follow the precautions being shared with you as an attachment. Kindly read it along with your child to bring awareness and be safe from it.

Stay safe, stay healthy!

Warm regards



Poonamjit Kaur
Principal



Let's fight out Dengue

Dear Parent

Greetings from Smart Wonders!

Dengue fever is a disease caused by a family of viruses. It is an acute illness of sudden Onset that usually follows a benign course with symptoms such as headache, fever, exhaustion, severe muscle and joint pain, swollen glands and rash.

The presence (the "dengue triad") of fever, rash, and headache (and other pains) is particularly characteristic of dengue. Other signs of dengue fever include bleeding gums, severe pain behind the eyes, and red palms and soles. Dengue strikes people with low levels of immunity. Because it is caused by one of four serotypes of virus, it is possible to get dengue fever multiple times.

Dengue is a vector borne disease. The virus is contracted from the bite of a Striped *Aedes aegypti* mosquito that has previously bitten an infected person. After being bitten by a mosquito carrying the virus, the incubation period ranges from three to 15 (usually five to eight) days before the signs and symptoms of dengue appear.

Dengue starts with chills, headache, pain upon moving the eyes, and low backache. Painful aching in the legs and joints occurs during the first hours of illness. The temperature rises quickly as high as 104 F (40 C), with relative low heart rate (bradycardia) and low blood pressure (hypotension). The eyes become reddened. A flushing or pale pink rash comes over the face and then disappears. The glands (lymph nodes) in the neck and groin are often swollen.

The *Aedes aegypti* mosquito flourishes during rainy seasons but can breed in Water-filled flower pots, plastic bags, and cans year-round. One mosquito bite can inflict the disease. The virus is not contagious and cannot be spread directly from person to person. There must be a person-to-mosquito-to-another-person pathway. Currently, there is no vaccine available for dengue, although research and trials are on. The easiest and most effective strategy against dengue is the control of the vector population. Vector control typically has three components.

First is prevention of breeding. Anything around us, that can collect rain water and act as a small or big water receptacle, in myriad forms, like abandoned used tyres or used plastic cups, empty coconut shells, desert coolers left with water, flower vases, flower pots, uncovered water tanks, unlifted garbage can act as breeding sites for mosquitoes.

Such potential sites are to be minimized in all places around us – our homes, schools, theatres, auditoriums, offices, hostels etc. through continuous and conscious efforts. But breeding can't be stopped completely even with best of efforts. Mosquitoes still breed in places escaping our notice. Application of larvicides on breeding sites, which have escaped our notice, is the second step. In places, where adult mosquitoes are numerous, which are sure to breed and proliferate, use of insecticide by fogging can be effective.

SMART WONDERS SCHOOL



Class 3

PA Date sheet and Syllabus

Tuesday, 12.07.22	Math	Ch- 2 Addition, Ch- 8 Shapes and Patterns
Tuesday, 19.07.22	English	Literature- Ch 1 The Tale of Peter Rabbit Grammar- Subject Predicate, Genders, Singular Plural Creative writing- Paragraph writing Reading Comprehension
Tuesday, 26.07.22	Punjabi	ਕਨਾ, ਸਿਰੀਸੀ ਅਤੇ ਸਿਰੀਸੀ
Tuesday, 02.08.22	Hindi	गज़लें न- गाठ-२ रूबो डरो नही, गाठ-३ तीस गड़ियो (गाठ आधारित व्याकरण काय), अनठठत गदयों
Tuesday, 09.08.22	EVS	Ch-1 Poonam's Day out , Ch-18 A House like this